

We have our eye on Annabel Webb



When **Annabel Webb** was 12, the body of a teenage girl from her small B.C. town was found in a shallow grave. The murder, which remains unsolved, still haunts her: "It had a profound impact on my psyche," she recalls. Years later, she founded Justice for Girls, a Vancouver-based group that advocates for the rights of young women coping with poverty and violence.

In 1999, Webb began monitoring how girls were being treated by our courts. She found her answer in a sex-abuse trial where the offender was allowed to cross-examine his victims for days. The situation was worse in B.C.'s youth prisons: Girls were routinely incarcerated with males and reported sexual and physical abuse. "They don't know what safety is," the 41-year-old mom of two laments.

Justice for Girls wants to change that. In 2006, the group convinced one of the province's youth prisons to unshackle aboriginal teens during sweat-lodge ceremonies; in 2007, it revealed that a male doctor had been performing breast exams on girls as young as 13 at a B.C. psych-assessment unit. In a perfect world, Webb would also be able to win justice for that murdered teen from so long ago. But for now, she says, "If we're able to help girls realize they deserve better, then we've been successful."



HAVE YOU HEARD?

by Anna-Kaisa Walker

We were impressed a few months back when we heard that Jennifer Aniston only spends three minutes each day in the shower. But no wonder – it's not like she needs to shampoo and condition: For a mere \$50,000, she reportedly flew her hairdresser around Europe to maintain her do during a recent *Marley & Me* promo tour.

From the headlines

BBC News "Saudi lingerie trade in a twist" by Siri Agrell

Raise your hand if you'd be comfortable with a male sales clerk shilling bras and panties at your local La Senza. That's what we thought. So imagine how awkward it must be for ladies in Saudi Arabia, an ultra-conservative Muslim nation where lingerie stores were until recently almost solely staffed by men. Women in the country don't traditionally work, but in 2006 the Saudi government passed a law allowing the fairer sex to be employed in shops that sell women's items. Few men, however, seem willing to give up the jobs – despite facing the tricky task of selling intimate apparel in a country where unwed men and women cannot be alone together and fitting rooms are illegal. Talk about a great opportunity for Victoriasssecret.com.

It's time to ...

by Tralee Pearce

START

donating to the food bank again.

We remember to donate food at Thanksgiving and Christmas, but in the summer? Not so much. By July, the shelves are getting a little bare, says Gabrielle Chackal from Toronto's Daily Bread Food Bank. The high-demand items remain the same: baby formula, beans, peanut butter, fish, fruit and vegetables; some food banks even accept produce from your garden. Or, give cash so food can be purchased at a bulk discount. Visit Foodbankscanada.ca and click on "Donate Food" to find a bank near you.

STOP

stressing out about taking vacation.

Most of us leave at least one vacation day unused each year, according to a recent Expedia.com survey. Don't let it happen to you. Delegate any time-sensitive tasks to a co-worker – remember all the times you've covered for her? – and the rest can wait until your return. (The work world will continue to function in your absence, we promise.) Then set up your out-of-office alert and get out of Dodge – even if "getting out of Dodge" entails nothing more than spending a relaxing week at home.

Crush of the month

by Siri Agrell



Sasha Baron Cohen

If you like your men fearless, shameless and capable of assuming a variety of accents, this 37-year-old British actor (best known for the film *Borat*) is your man. We expect his new movie, *Bruno* – about a flamboyant fashion correspondent – to unleash another round of lawsuits from his unwitting co-stars, as well as a ream of new catch-phrases. Just when we finally got our guys to stop asking us for "sexy time."